WONDERMENT TREATMENT DIY KIT



BOX

FIRST AID AND E.R. KIT FOR EMOTIONAL HURT

INSTRUCTIONS:

- 1) DESCRIBE YOUR ISSUE ON ONE SIDE OF THE PAPER PATCH
- 2) CHOSE YOUR WONDERMENT TREATMENT ON THE OTHER SIDE.
- 3) PUT THE PATCH IN THE BOX

use 1 patch for one hurt repeat when necessary





WWW.1UCOMPANY.COM

I explicitly encourage you to play with this free wonderbox. Please consider two things:

- 1) If you communicate to others about it, remember to name the source.
- 2) If you feel that this tool is making a valuable contribution to your life, please remember to share your resourcefulness with me and others. You'll find suggestions on www.1Ucompany.com.

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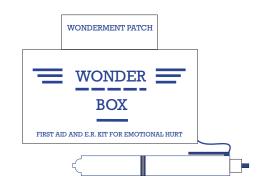
RESPECT THE CONFIDENTIALITY

NEVER OPEN IT

DIZLOZE OF FULL BOX COMPLETELY

PLACE PATCHES IN THIS SLOT

- 1) CUT OUT THE SHAPE OF THE WONDER BOX
- 2) CUT THE RED LINES INTO SLOTS
- 3) FOLD IT INTO A BOX SHAPE
- 4) PUT GLUE ON THE FIXING STRIPS, GLUE IT TOGETHER
- 5) PRINT (3X) AND CUT AND FOLD THE PATCHES
- 6) PUT THE PATCHES IN THE SLOT ON THE BACKSIDE
- 7) ATTACH A PEN TO THE BOX ON SOME STRING
- 8) PUT IT ON A VISIBLE PLACE IN THE HOUSE



WONDERMENT PATCHES SHEET PRINT 3X, CUT OUT AND PUT IN SLOT ON BACKSIDE WONDERMENT BOX



WONDERMENT PATCH	WONDERMENT PATCH	WONDERMENT PATCH	WONDERMENT PATCH	
I WONDER HOW I CAN: (CHOSE A WONDERMENT TREATMENT)	I AM NOT HAPPY RIGHT NOW BECAUSE I FEEL	I WONDER HOW I CAN: (CHOSE A WONDERMENT TREATMENT)	I AM NOT HAPPY RIGHT NOW BECAUSE I FEEL	
SEE IT DIFFERENTLY ENJOY THIS SOLVE THIS HAVE PEACE OF MIND ABOUT THIS	BECAUSE OF	SEE IT DIFFERENTLY ENJOY THIS SOLVE THIS HAVE PEACE OF MIND ABOUT THIS	BECAUSE OF	
PUT THE PATCH IN THE WONDERMENT BOX		PUT THE PATCH IN THE WONDERMENT BOX		
WONDERMENT PATCH	WONDERMENT PATCH	WONDERMENT PATCH	WONDERMENT PATCH	
I WONDER HOW I CAN: (CHOSE A WONDERMENT TREATMENT)	I AM NOT HAPPY RIGHT NOW BECAUSE I FEEL	I WONDER HOW I CAN: (CHOSE A WONDERMENT TREATMENT)	I AM NOT HAPPY RIGHT NOW BECAUSE I FEEL	
SEE IT DIFFERENTLY ENJOY THIS SOLVE THIS HAVE PEACE OF MIND	BECAUSE OF	SEE IT DIFFERENTLY ENJOY THIS SOLVE THIS HAVE PEACE OF MIND	BECAUSE OF	
ABOUT THIS		ABOUT THIS		
PUT THE PATCH IN THE WONDERMENT BOX		PUT THE PATCH IN THE WONDERMENT BOX		
WONDERMENT PATCH	WONDERMENT PATCH	WONDERMENT PATCH	WONDERMENT PATCH	
I WONDER HOW I CAN: (CHOSE A WONDERMENT TREATMENT)	I AM NOT HAPPY RIGHT NOW BECAUSE I FEEL	I WONDER HOW I CAN: (CHOSE A WONDERMENT TREATMENT)	I AM NOT HAPPY RIGHT NOW BECAUSE I FEEL	
SEE IT DIFFERENTLY ENJOY THIS SOLVE THIS HAVE PEACE OF MIND ABOUT THIS	BECAUSE OF	SEE IT DIFFERENTLY ENJOY THIS SOLVE THIS HAVE PEACE OF MIND ABOUT THIS	BECAUSE OF	
PUT THE PATCH IN THE WONDERMENT BOX		PUT THE PATCH IN THE WONDERMENT BOX		
WONDERMENT PATCH	WONDERMENT PATCH	WONDERMENT PATCH	WONDERMENT PATCH	
I WONDER HOW I CAN: (CHOSE A WONDERMENT TREATMENT)	I AM NOT HAPPY RIGHT NOW BECAUSE I FEEL	I WONDER HOW I CAN: (CHOSE A WONDERMENT TREATMENT)	I AM NOT HAPPY RIGHT NOW BECAUSE I FEEL	
SEE IT DIFFERENTLY ENJOY THIS SOLVE THIS HAVE PEACE OF MIND	BECAUSE OF	SEE IT DIFFERENTLY ENJOY THIS SOLVE THIS HAVE PEACE OF MIND	BECAUSE OF	
ABOUT THIS PUT THE PATCH IN THE WONDERMENT BOX		ABOUT THIS PUT THE PATCH IN THE WONDERMENT BOX		





With a physical wound we all know what to do with it:



Very minor:

Just leave it

Minor:

Inspect, clean, put a band aid on to protect from dirt and bumps

Major:

Get it stitched up

In all cases, you are not actively involved in the healing. Your body does it for you. It only needs you not to get in the way of it.

With an emotional hurt, it works the same way!

Very minor:

Just leave it...

Take your mind of it, do something else

Minor:

Inspect, clarify, apply a wonderment patch on it ... Take your mind of it and do something else.

Major:

Inspect, clarify, apply a wonderment patch, stitch it up with wonderment spray

In all cases:

Remember you are <u>not</u> actively involved in the healing... Your system does it for you, It only needs your consciousness <u>not</u> to get in the way of it, because...

Whatever you give attention grows:

Focussing too long on the hurt, only increases the pain of it.

Likewise if you ignore it (don't clarify) or resist it, or add pressure to it.

So, lovingly take care of your wound by applying wonderment on it.

In doing so you are helping your own natural ability to heal from emotional hurts.



Illustration why wonderment is such powerful treatment:

WHY DOES THIS WORK? (2/2)



Let's visualize an emotional wound:



- " I am (right in the middle of) my hurt" And usually:
- " you are hurting me!"
 (whomever you think that
 might be doing something to hurt you)

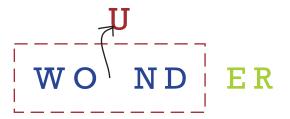
So yes, you are right: it is the **u** that makes the hurt last: because **you** (**u**) are with your conscious completely **in** it.

HOW TO HEAL IT?



F.R

At the e.r. take serious but gentle care of the wound



Clean it: remove the **u** (you) out of it look at it: what *is* the real situation? (inside and outside)

I WONDER Put both sides gently together take responsibility (u > i) and picture the healed result where there is much more to experience than the boundaries of the wound



Applying wonderment spray on yourself contributes to the sealing/ healing for deep and recurring emotional wounds

It is a spiritual wisdom that you need to change your perception, your mental position, in order for a painful situation to heal (itself). Your position is your choice! You have got to make the first move.

In feeding the hurt, you are literally in the way of allowing both sides to grow together again.

Wonderment is a treatment you can apply to heal.

On www.lucompany.com you can find the free DIY-box kit,

Purchase wonderment spray and the wonderbox smartphone app.